

How do chaperones save protein folding?

Protein folding both *in vitro* and *in vivo* goes via formation of intermediate states. These “molten globule”-like states fluctuate, expose their hydrophobic sites and therefore easily aggregate. This retards or even inhibits formation of protein native structures, especially at elevated temperatures and/or elevated concentrations of the folding intermediates.

In vitro, the aggregation effect can be decreased by lowering the temperature or adding some special low-molecular compounds. *In vivo*, there are special trouble-shooters: proteins called chaperones. Some of them (e.g., chaperone GroEL) have large complex oligomer structures with inner cavities and mobile regions. It is often assumed that these chaperones are enzymes possessing the “foldase/unfoldase” activity.

However, if so, chaperons are really odd enzymes!

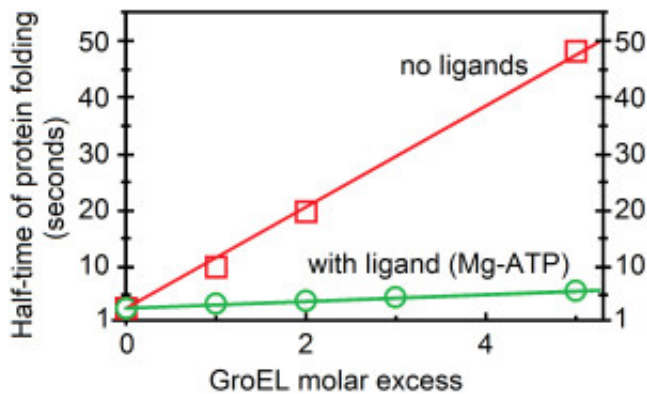


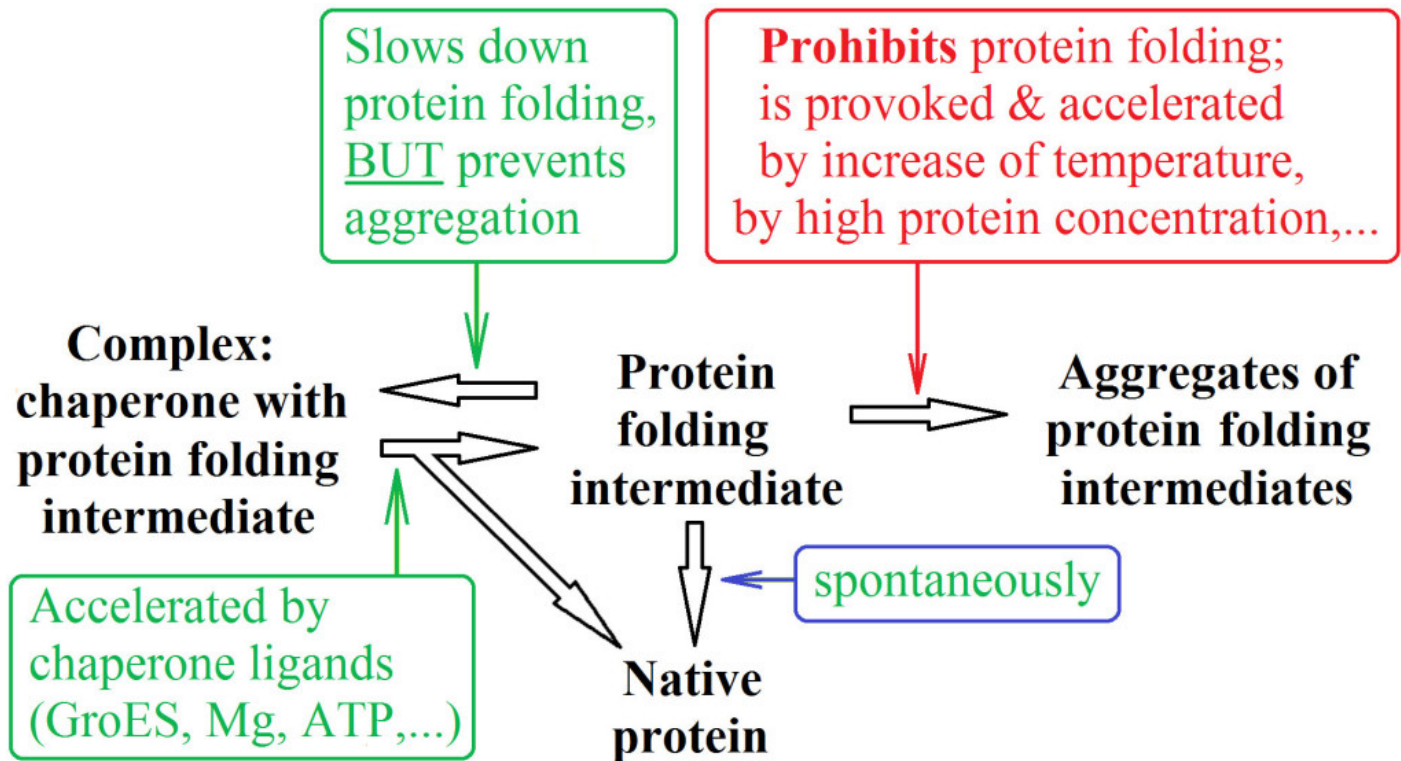
Fig. 1. Time of protein (human α -lactalbumin) folding *in vitro* vs. the molar excess of GroEL over protein in the absence (?) and presence (?) of the ligand [Marchenkov et al., *Biofizika*, 2004, 49: 987-994].

First, they are too much: Even only one (albeit the most abundant) chaperone, called GroEL, amounts to »1% of total cellular proteins in normal and »10% in heat shock conditions. That is, their amount is close to that of their substrate molecules (folding intermediates), while the amount of conventional enzymes is by many orders of magnitude lower than that of their substrates.

Such a high concentration of chaperones can make sense if they are aimed only to bind folding intermediates in order to save them from aggregation (which is known to be the main obstacle to *in vitro* protein folding). After the binding, ligands like Mg-ADP, Mg-ATP and co-chaperone GroES accelerate the subsequent release of the target protein (compare the red, green and base lines in Figure 1).

The release of the target protein is preceded (according to some evidence) or followed (according to the others) by the protein's folding to the native conformation.

Secondly, if chaperones are enzymes, they are extremely bad enzymes... Despite some evidence that chaperones accelerate maturation of some early protein folding intermediates, much more evidence (and, in particular, our recent critical analysis of the experiments by Libich et al. (2015)) show that chaperones retard protein folding *in vitro*, especially with excess of chaperones over the substrate protein molecules (Fig. 1).



Taking all the above into account, the following general model of chaperone functioning may be proposed.

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[Strict experimental evidence that apo-chaperonin GroEL does not accelerate protein folding, although it does accelerate one of its steps.](#)

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